

Rialto Unified School District

Oct 2, 2023 thru Oct 6, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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Generated on: 9/11/2023 10:39:18 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/02/2023																
EL Classroom Breakfast #2	Total	100														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	1 EACH	100	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
Craisins 2020	servings	1	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
Craisins 2020	servings	100	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			487	35	417	7.39	1.09	544.9	673	2.52	54	21.04	84.73	10.64	5.10	*0.00
% of Calories											44.5%	17.3%	69.6%	19.7%	9.4%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/03/2023																
EL Classroom Breakfast #2	Total	100														
Pan Dulce 51% Whole Wheat-2014	1 each	100	180	10	180	2.00	1.44	0.0	35	0.0	7	5.0	31.0	5.5	1.75	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			363	25	333	2.84	1.72	365.5	633	6.12	36	16.67	63.14	8.32	3.35	*0.00
% of Calories											39.9%	18.3%	69.5%	20.6%	8.3%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 10/04/2023																
EL Classroom Breakfast #2	Total	100														
Cinnamon Roll-Wh.Wheat-IW-2017	1 EACH	100	300	5	310	3.00	1.80	20.0	300	1.2	22	5.0	51.0	11.0	6.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			473	20	461	6.03	1.99	382.6	855	190.85	45	16.08	79.32	13.50	7.50	0.00
% of Calories											38.3%	13.6%	67.1%	25.7%	14.3%	0.0%
Nutrient Guideline			350-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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EL Classroom Breakfast #2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/05/2023																
EL Classroom Breakfast #2	Total	4950														
DOUBLE CHOC. BAR- 2017	1 EACH	4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			475	3	367	7.75	3.65	281.3	673	9.33	52	14.33	91.87	8.50	2.71	*0.00
% of Calories											43.6%	12.1%	77.4%	16.1%	5.1%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 10/06/2023																
EL Classroom Breakfast #2	Total	4950														
Muffins, Banana-Buena Vista 22	1 ea	4950	230	20	200	2.00	1.80	20.0	0	0.0	16	4.0	39.0	7.0	1.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			403	23	346	2.00	2.47	276.1	500	31.51	46	13.23	73.39	7.15	1.09	0.00
% of Calories											45.9%	13.1%	72.8%	16.0%	2.4%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			440	21	385	5.20	2.18	370.1	667	48.07	47	16.27	78.49	9.62	3.95	*0.00
											95.6%	14.8%	71.3%	19.7%	8.1%	*0.0%

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Base Menu Spreadsheet

Portion Values - Detailed

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Oct 2, 2023 thru Oct 6, 2023

EL Classroom Breakfast #2

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	440		350 - 500	100%													
Cholesterol (mg)	21																
Sodium (mg)	385		540														
Fiber (g)	5.20																
Iron (mg)	2.18																
Calcium (mg)	370.1																
Vitamin A (IU)	667																
Sugars (g)	47	42.48%															
Vitamin C (mg)	48.07																
Protein (g)	16.27	14.79%															
Carbohydrate (g)	78.49	71.34%															
Total Fat (g)	9.62	19.68%															
Saturated Fat (g)	3.95	8.08%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 9, 2023 thru Oct 13, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/09/2023																
EL Classroom Breakfast #2	Total	100														
OATMEAL CHOC-CHIP BAR-2017	1 EACH	100	290	20	240	3.00	1.80	20.0	0	0.0	22	5.0	47.0	9.0	3.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			463	35	391	6.03	1.99	382.6	555	189.65	45	16.08	75.32	11.50	4.50	0.00
% of Calories											39.1%	13.9%	65.1%	22.4%	8.8%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/10/2023																
EL Classroom Breakfast #2	Total	4950														
Pocket, Pizza Pepp '22	1 EACH	4950	300	30	590	3.00	2.70	240.0	70	0.0	5	19.0	31.0	12.0	5.00	0.00
GRAPES,Fresh	serving	225	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	4950	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			475	33	728	3.87	3.65	509.5	666	3.99	38	27.79	67.25	12.49	5.20	*0.00
% of Calories											32.3%	23.4%	56.6%	23.7%	9.8%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 10/11/2023																
EL Classroom Breakfast #2	Total	4950														
UBR - BRKFST CINN ROUND 2 020	1 EACH	4950	260	0	190	3.00	2.70	80.0	0	0.0	14	5.0	38.0	10.0	2.50	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			433	3	336	3.00	3.38	336.1	500	31.51	44	14.23	72.39	10.15	2.59	0.00
% of Calories											40.9%	13.1%	66.8%	21.1%	5.4%	0.0%
Nutrient Guideline			350-500		540										<10.00	

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Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/12/2023																
EL Classroom Breakfast #2	Total	100														
Waffles, Mini Maple 2017	pkg	100	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			422	15	322	5.65	0.99	377.6	635	11.27	40	16.19	77.50	8.84	2.61	*0.00
% of Calories											37.6%	15.4%	73.5%	18.8%	5.6%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 10/13/2023																
EL Classroom Breakfast #2	Total	100														
Cereal Bar, Trix 2019	Package	100	150	0	100	3.00	1.80	250.0	100	1.2	9	2.0	30.0	3.0	0.50	0.00
Craisins 2020	servings	1	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
Craisins 2020	servings	100	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.06	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			460	15	253	6.49	2.13	608.6	605	3.72	63	13.12	96.61	6.34	2.06	*0.00
% of Calories											54.8%	11.4%	84.1%	12.4%	4.0%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			451	20	406	5.01	2.43	442.9	592	48.03	46	17.48	77.82	9.86	3.39	*0.00
											92.1%	15.5%	69.1%	19.7%	6.8%	*0.0%

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	451		350 - 500	100%														
Cholesterol (mg)	20																	
Sodium (mg)	406		540															
Fiber (g)	5.01																	
Iron (mg)	2.43																	
Calcium (mg)	442.9																	
Vitamin A (IU)	592																	
Sugars (g)	46	40.95%																
Vitamin C (mg)	48.03																	
Protein (g)	17.48	15.52%																
Carbohydrate (g)	77.82	69.09%																
Total Fat (g)	9.86	19.70%																
Saturated Fat (g)	3.39	6.78%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%			Missing													

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Oct 16, 2023 thru Oct 20, 2023

EL Classroom Breakfast #2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/16/2023																
EL Classroom Breakfast #2	Total	100														
FRENCH TOAST BAR-2018	1 EACH	100	290	25	200	3.00	1.80	40.0	0	0.0	21	5.0	47.0	9.0	2.50	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			463	40	351	6.03	1.99	402.6	555	189.65	44	16.08	75.32	11.50	4.00	0.00
% of Calories											38.3%	13.9%	65.1%	22.4%	7.8%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/17/2023																
EL Classroom Breakfast #2	Total	100														
Sndwch Pncke, Beef Sausage '22	serving	100	192	16	309	2.06	2.24	27.6	0	0.08	4	10.75	26.34	4.95	1.35	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			376	31	462	2.90	2.52	393.1	598	6.20	34	22.42	58.48	7.77	2.95	*0.00
% of Calories											35.7%	23.9%	62.2%	18.6%	7.1%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 10/18/2023																
EL Classroom Breakfast #2	Total	4950														
Donut, Super Bakery '22	1 EACH	4950	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG	225	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4950	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			401	8	386	2.52	6.08	456.1	2500	30.15	40	13.18	58.83	11.15	3.09	0.00
% of Calories											39.7%	13.2%	58.7%	25.0%	6.9%	0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/19/2023																
EL Classroom Breakfast #2	Total	4950														
Snack'n Waffles, Cinnamon	pkg	4950	250	44	290	2.00	1.44	30.0	0	0.0	15	6.0	37.0	9.0	4.00	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			455	47	427	4.75	2.39	291.3	568	9.33	46	15.33	80.87	9.50	4.21	*0.00
% of Calories											40.2%	13.5%	71.2%	18.8%	8.3%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 10/20/2023																
EL Classroom Breakfast #2	Total	100														
BANA CHOC-CHUNKY MONKEY 2013	1 EACH	100	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			453	30	371	6.03	1.99	382.6	670	189.65	46	16.08	76.32	10.50	4.50	0.00
% of Calories											40.9%	14.2%	67.4%	20.9%	8.9%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			429	31	399	4.44	2.99	385.1	978	85.00	42	16.62	69.97	10.09	3.75	*0.00
											87.9%	15.5%	65.2%	21.1%	7.9%	*0.0%

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Rialto Unified School District

Oct 16, 2023 thru Oct 20, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	429		350 - 500	100%													
Cholesterol (mg)	31																
Sodium (mg)	399		540														
Fiber (g)	4.44																
Iron (mg)	2.99																
Calcium (mg)	385.1																
Vitamin A (IU)	978																
Sugars (g)	42	39.06%															
Vitamin C (mg)	85.00																
Protein (g)	16.62	15.48%															
Carbohydrate (g)	69.97	65.19%															
Total Fat (g)	10.09	21.14%															
Saturated Fat (g)	3.75	7.86%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Oct 23, 2023 thru Oct 27, 2023

EL Classroom Breakfast #2

Generated on: 9/11/2023 10:42:55 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/23/2023																
EL Classroom Breakfast #2	Total	100														
Muffins, Blue-Buena Vista 22	1 ea	100	230	25	240	2.00	1.80	20.0	0	0.0	17	4.0	39.0	7.0	1.00	0.00
Craisins 2020	servings	1	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.08	*N/A*
Craisins 2020	servings	100	187	0	2	3.45	0.32	6.1	0	0.12	39	0.04	49.92	0.83	0.08	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			540	40	393	5.49	2.13	378.6	505	2.52	71	15.12	105.61	10.34	2.56	*0.00
% of Calories											52.6%	11.2%	78.3%	17.2%	4.3%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/24/2023																
EL Classroom Breakfast #2	Total	100														
FRENCH TOAST Mini Berry '22	SERV	100	210	0	190	2.00	1.44	59.9	0	0.0	11	3.99	35.92	6.99	1.00	0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	1	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
APPLES, Fresh sliced 2017	pkg. (3 oz)	100	51	0	0	3.00	0.18	10.0	50	185.4	9	0.0	12.0	0.0	0.00	0.00
MILK, 1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			382	15	341	5.03	1.63	422.5	555	189.65	34	15.07	64.25	9.48	2.50	0.00
% of Calories											35.8%	15.8%	67.2%	22.3%	5.9%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 10/25/2023																
EL Classroom Breakfast #2	Total	100														
Bar, Benefit Apple Cinn '22	1 EACH	100	290	15	240	3.00	1.80	20.0	0	0.0	22	5.0	48.0	9.0	3.00	0.00
GRAPES, Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES, Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK, 1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK, NF Chocolate HOLL. 2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			473	30	393	3.84	2.08	385.5	598	6.12	51	16.67	80.14	11.82	4.60	*0.00
% of Calories											43.3%	14.1%	67.7%	22.5%	8.7%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/26/2023																
EL Classroom Breakfast #2	Total	4950														
Pancakes, Confetti Bites 2022	pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
BANANAS	1 EACH	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
BANANAS	1 EACH	4950	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			415	13	347	6.75	4.55	281.3	1568	9.33	42	13.33	79.87	7.50	1.21	*0.00
% of Calories											40.2%	12.9%	77.1%	16.3%	2.6%	*0.0%
Nutrient Guideline			350-500		540										<10.00	
Fri - 10/27/2023																
EL Classroom Breakfast #2	Total	4950														
POP TARTS,Wh.Gr Strawbrry-2013	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	225	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4950	60	0	10	0.00	0.00	0.0	0	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	300	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	4650	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			533	3	506	6.00	4.28	456.1	1500	31.51	60	13.23	109.39	4.65	2.09	0.00
% of Calories											45.2%	9.9%	82.0%	7.8%	3.5%	0.0%
Nutrient Guideline			350-500		540										<10.00	
Weighted Average			469	20	396	5.42	2.93	384.8	945	47.83	52	14.68	87.85	8.76	2.59	*0.00
											99.3%	12.5%	75.0%	16.8%	5.0%	*0.0%

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Rialto Unified School District

Oct 23, 2023 thru Oct 27, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

Page 3

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	469		350 - 500	100%													
Cholesterol (mg)	20																
Sodium (mg)	396		540														
Fiber (g)	5.42																
Iron (mg)	2.93																
Calcium (mg)	384.8																
Vitamin A (IU)	945																
Sugars (g)	52	44.13%															
Vitamin C (mg)	47.83																
Protein (g)	14.68	12.53%															
Carbohydrate (g)	87.85	74.99%															
Total Fat (g)	8.76	16.82%															
Saturated Fat (g)	2.59	4.98%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/30/2023																
EL Classroom Breakfast #2	Total	100														
BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	1 EACH	100	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	100	39	0	0	1.93	0.00	0.0	0	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			337	35	415	5.85	0.77	538.8	673	2.40	21	21.00	44.06	9.80	5.04	0.00
% of Calories											25.1%	24.9%	52.3%	26.2%	13.5%	0.0%
Nutrient Guideline			350-500		540										<10.00	
Tue - 10/31/2023																
EL Classroom Breakfast #2	Total	100														
Pan Dulce 51% Whole Wheat-2014	1 each	100	180	10	180	2.00	1.44	0.0	35	0.0	7	5.0	31.0	5.5	1.75	0.00
GRAPES,Fresh	serving	1	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
GRAPES,Fresh	serving	100	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	*N/A*
MILK,1% HOLLANDIA 2017	1 EACH	100	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			363	25	333	2.84	1.72	365.5	633	6.12	36	16.67	63.14	8.32	3.35	*0.00
% of Calories											39.9%	18.3%	69.5%	20.6%	8.3%	*0.0%
Nutrient Guideline			350-500		540										<10.00	
Weighted Average			350	30	374	4.34	1.24	452.2	653	4.26	29	18.83	53.60	9.06	4.20	*0.00
											73.8%	21.5%	61.2%	23.3%	10.8%	*0.0%

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Rialto Unified School District

Oct 30, 2023 thru Oct 31, 2023

Base Menu Spreadsheet

EL Classroom Breakfast #2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target*	Cholst (mg) Miss Data	Sodm (mg) Shortfall*	Fiber (g) Overage*	Iron (mg) Error Messages (if any)*	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	350		350 - 500														
Cholesterol (mg)	30																
Sodium (mg)	374		540														
Fiber (g)	4.34																
Iron (mg)	1.24																
Calcium (mg)	452.2																
Vitamin A (IU)	653																
Sugars (g)	29	32.82%															
Vitamin C (mg)	4.26																
Protein (g)	18.83	21.51%															
Carbohydrate (g)	53.60	61.21%															
Total Fat (g)	9.06	23.29%															
Saturated Fat (g)	4.20	10.78%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

*Data comparisons are not available for one or two day selections

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